



Learn
about our
Suicide
Prevention
program team.

Suicide Prevention Specialists

Provides enhanced case management services and support to Veterans.

Suicide Prevention Coordinator

Is responsible for the daily operation of the members of the suicide prevention team.

Suicide Prevention Outreach and Education

Builds and partners with community stakeholders about suicide awareness and VA services.

Peer Support

Is a Veteran peer who provides support to Veterans as needed and assists the Suicide Prevention team.

Program Support Assistant (PSA)

Provides administrative support to the Suicide Prevention Team.

VA NORTHERN INDIANA HEALTH CARE SYSTEM

www.northernindiana.va.gov

1 (800) 360-8387

Suicide Prevention Program

Office Hours: M-F 8:00 a.m. - 4:30 p.m.

Fort Wayne Campus Annex
Scott Ralya, LCSW - SPS
(260) 426-5431, ext. 72959

Marion Campus
Angela Walls, LMHC - SPS
(765) 674-3321, ext. 74410

Nate Moore, CPS
(765) 674-3321, ext. 75813

St. Joseph County VA Clinic
Les LeBrun, LMSW - SPC
(574) 272-9000, ext. 79558

Outreach and Education
Laura White, LCSW
(260) 426-5431, ext. 71975
Mobile: (260) 557-9205

Program Support Assistant
Deena Barnhart
(765) 674-3321, ext. 75781

For support or assistance after office hours:

Urgent Care

Fort Wayne: 1-800-360-8387, ext. 71363

Marion: 1-800-360-8387 ext. 73850

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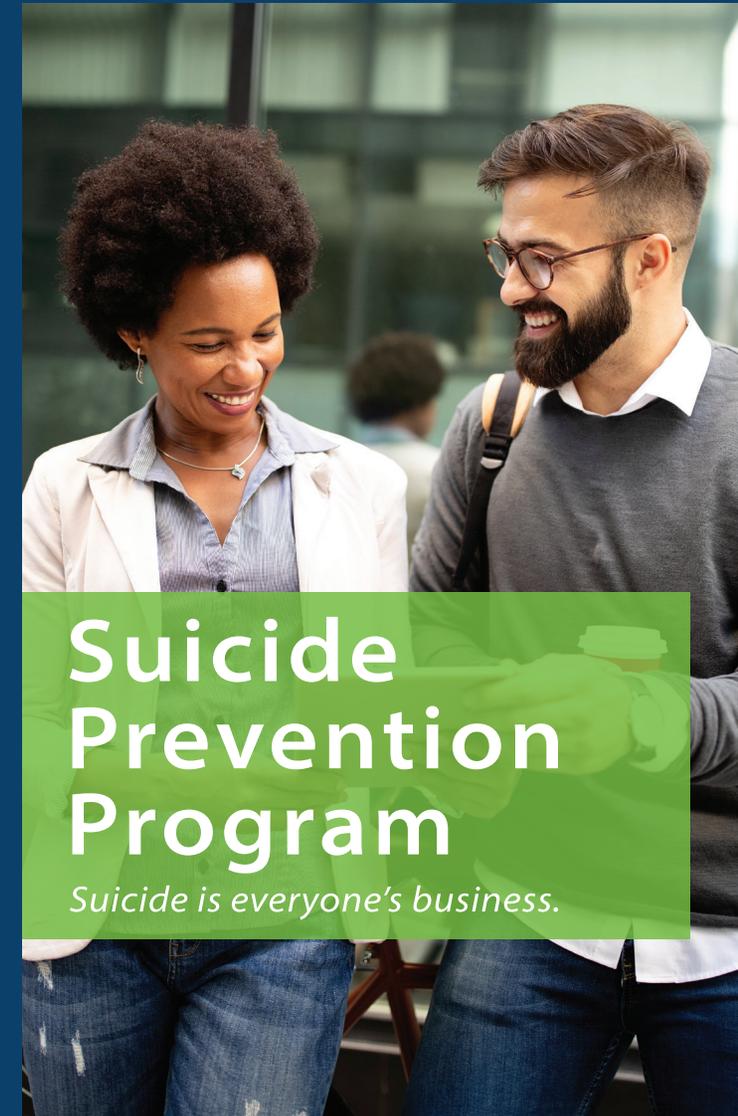
 @VANIHCS

VA



U.S. Department
of Veterans Affairs

VA NORTHERN INDIANA HEALTH CARE SYSTEM



Suicide Prevention Program

Suicide is everyone's business.



**Veterans
Crisis Line**
1-800-273-8255 **PRESS 1**



What is the Suicide Prevention Program?

The Suicide Prevention Program provides Enhanced Care Management services to Veterans for 90 days. Bi-weekly and occasional weekly contacts are made as part of case management throughout the duration of the 90 day period.

Case managers focus on supporting Veterans treatment needs, in collaboration with other treatment teams across VA Northern Indiana Health Care System (VANIHCS).

The Suicide Prevention Program also supports Veterans by responding to Veteran Crisis Line (VCL) consults and ensuring Veterans receive follow-up contact and are linked to appropriate services as needed with VANIHCS.

Although we understand why some Veterans may be at increased risk, we continue to investigate and take proactive steps. The ultimate goal is eliminating suicide among Veterans.



How does the Suicide Prevention Program work?

Our strategy for suicide prevention requires ready access to high quality mental health and other health care services, supplemented by programs designed to help individuals and families engage in care.

What services are available through the Suicide Prevention Program?

- ★ National Veteran's Crisis Line Follow-Up
- ★ Crisis response and assessment of suicidal callers
- ★ Connect Veterans to mental health and other health care services
- ★ Comprehensive Suicide Risk Assessment
- ★ Case Management Services for High Risk Veterans
- ★ Counseling on Lethal Means Restriction
- ★ Consultation with Providers on Care Planning
- ★ Distribution of Gun Locks
- ★ Community Outreach
- ★ Veteran, family, community and VA employee education



Who does the Suicide Prevention program help?

All Veterans may have depressive symptoms or suicidal thoughts at some time in their lives. These thoughts can occur whether or not the Veteran has a mental health diagnosis.

Education on suicide prevention is important for everyone to encourage wellness and involvement in treatment when necessary. Suicide Prevention is available for all Veterans who are eligible for VA health care services.

VETERANS CRISIS LINE

If you are a Veteran in crisis — or you're concerned about one — free, confidential support is available 24/7.

Call the Veterans Crisis Line at **1-800-273-8255** and **Press 1**, send a **text message** to **838255**, or chat online.